

# EXERCISE IN THE PARK

*A free series held every Thursday in September & October*

## TOYOTA AMPHITHEATRE STAGE AT TOWN COMMON

100 East First Street • Greenville, NC

*Bring your friends, co-workers, and family as everyone is encouraged to come out for this free community series and exercise with us in the park. In the event of inclement weather all events will occur the following week same day and time.*

<b>Sept. 8</b>	6:00 PM–7:00 PM	<i>Yoga in the Park</i>
<b>Sept. 15</b>	6:00 PM–7:00 PM	<i>Yoga in the Park</i>
<b>Sept. 22</b>	6:00 PM–7:00 PM	<i>Yoga in the Park</i>
<b>Sept. 29</b>	6:00 PM–7:00 PM	<i>Yoga in the Park</i>
<b>Oct. 6</b>	6:00 PM–7:00 PM	<i>Zumba in the Park</i>
<b>Oct. 13</b>	6:00 PM–7:00 PM	<i>Zumba in the Park</i>
<b>Oct. 20</b>	6:00 PM–7:00 PM	<i>Zumba in the Park</i>
<b>Oct. 27</b>	6:00 PM–7:00 PM	<i>Zumba in the Park</i>



### Instructors provided by:

Greenville Aquatics and Fitness Center—[greenvillenc.gov](http://greenvillenc.gov)

Samantha Harrison, 500-hr RYT—[samanthaharrisonyoga.com](http://samanthaharrisonyoga.com)

**For more information please call 252.329.4567 or visit us online at [greenvillenc.gov](http://greenvillenc.gov).**