Entry Form:

| Name: | | |
|-----------|------------------|----------------------|
| | First | Last |
| Birth dat | te (MM/DD/YR):/_ | / Age as of 9/28/14: |

M

Gender (circle):

Shirt Size (circle): **YS YM YL S M L**

| Ad | d | |
|----|---|-----|
| Au | u | 622 |

City:_

City:__

Phone:

Alternate:

Zip Code:

| If Relay Team, please list team name and members | ' names |
|--|---------|
| and ages: | |

| Parent/Guardian | Signature |
|-----------------|-----------|

Please make check payable to: <u>"Pitt County Special Olympics"</u>. **DO NOT SEND CASH**.

Mail this completed entry form and signed waiver along with payment, no later than September 20, 2014, to: Deirtra Crandol, 2000 Cedar Lane, Greenville, NC 27858.



RECREATION AND PARKS



Ages: 6-14

Enter as an INDIVIDUAL or as a 3 MEMBER RELAY TEAM (If relay, all 3 members of the team must be in the same age division.)

Distances:

• Ages 6–8: Swim 25 yards • Bike 2 miles • Run 1/2 mile

• Ages 9–11: Swim 75 yards • Bike 2 miles • Run 1 mile

• Ages 12–14: Swim 125 yards • Bike 2 miles • Run 2 miles

How to register:

• Mail completed form with check: Greenville Recreation & Parks Department c/o Deitra Crandol 2000 Cedar Lane Greenville, NC 27858

Mail-in entries must be postmarked no later than September 20, 2014.

Make checks payable to "Pitt County Special Olympics".

• Online at www.RunTheEast.com

Registration is open until September 21, 2014. Race is limited to 200 entries. **No race day registration** and **no refunds**.

• Entry Fee:

Date

- On or before August 15, 2014—\$30 per individual; \$70 per team.
- After August 15, 2014—\$40 per individual; \$90 per team.

Please visit www.GreenvilleKidsTri.org for more information.



www.greenvillekidstri.org

Sunday, September 28, 2014 2:00 PM



Benefiting

Special Olympics of Pitt County

RACE COURSE:

Swim: Pool swim attended by lifeguards.

Bike: Bike course is a single 2-mile loop on closed paved roads monitored by volunteers and police (helmets are mandatory; no training wheels).

Run: Run course is a single loop course on the surrounding property of the Greenville Aquatics and Fitness Center complex (distance depends on age category).

TIMING:

This race will be timed by Run the East using a chip timing method. Timing chips will be distributed on race morning at packet pickup. Results will be posted online at www.ecrun.org.

AWARDS:

Finisher prizes will be awarded to all participants who complete the race. Male & female top finisher awards will be given in each age group (6–8, 9–11, 12–14). Top relay teams in each age group will receive awards as well.

T-SHIRTS & REFRESHMENTS:

All registered participants will receive a t-shirt. Food and drink post-race will be available to all participants courtesy of our sponsors.

DOOR PRIZE DRAWINGS:

Following the awards, we will have random drawings for various gifts donated by our sponsors based on your race number.

PRE-RACE:

About a week prior to the event, detailed race day information (rules, packet pick-up times, swim start order, etc.) will be emailed to you and also posted on the web. Please be sure to provide your email address and check the website for this information as the date draws near.

Please plan to arrive no later than 1:00 PM.

Once you arrive, you will want to pick up your packet. You will need to have your run number (included in your race packet) with you when you pick up your timing chip at the timing table. After getting your timing chip, proceed to the body marking area and a volunteer will write your race number on your arms and legs. Setup your bike and equipment in the transition area and make your way to the pool area for the pre-race briefing and final instructions. The race will start promptly at 2:00 PM.



For more information, visit www.greenvillekidstri.org or email questions to kidstri@greenvillenc.gov.

Sunday, September 28, 2014 2:00 PM

Greenville Aquatics & Fitness Center



Permission, Release, and Assumption of Risk

In Consideration of my child, ______,

being allowed to participate in 2014 Splash & Dash Kids Triathlon sponsored by Greenville Recreation and Parks Department (GRPD), I hereby assume all risks and release the City of Greenville, PGSA, its employees, and volunteers from all liability whatsoever for any injuries or accidents in connection with my child's participation. I intend this release to be binding not only for myself, but also on my family and all legal successors in interest. For the safe enjoyment of this program by all participants, GRPD staff has established rules and regulations and I agree that my child will abide by them, or accept dismissal for refusing to follow them. I hereby grant permission to the City of Greenville to use, for promotional purposes, photographs and video images taken of my child while participating in this program. In the event my child is injured, and I cannot be contacted, I hereby give permission to the physician or medical personnel selected by GRPD staff to hospitalize, secure proper treatment or medication for, and to take whatever medical actions are necessary to treat my child, and I authorize the physician or medical personnel selected to provide treatment deemed necessary by them.

Parent/Guardian's Name (Please Print)

Date