

MEMBER APPRECIATION DAYS



EQUIPMENT TRAINING

***LEARN HOW TO USE ANY OF OUR
STRENGTH/CARDIO EQUIPMENT!***

FREE!

NOVEMBER:

3RD 5-6PM

6TH 2-4PM

16TH 12-1PM

21ST 9:30-11:30AM



**For More Information Contact Courtney at:
329-4568 or cbyrd@greenvillenc.gov**