

## Race Info

Join us May 10, 2014 for the Fifth Annual Greenville Rec Run and Kid's Dash. The Rec Run follows an easy, friendly, and scenic 5K trail course while the Kid's Dash is a mile through a trail, ending at the finish line beginning at 9:00 AM for children ages 4-12.

Immediately following the race will be an awards ceremony with awards to overall and age group winners, plus refreshments for all participants.

## More Information

Visit our website, [www.grpd.info](http://www.grpd.info), or contact the Athletic Office at 252.329.4550.



RECREATION AND PARKS

*Find yourself in good company*

Greenville Recreation & Parks  
C/O Athletics  
PO Box 7207  
Greenville, NC 27835



May 10, 2014  
H. Boyd Lee Park

Presented by:



## Race Features

The race will feature high-quality commemorative tech t-shirts, water on the course, miles marked and accurate timing. The race will be followed by an awards ceremony, including refreshments.

The race will follow an easy, friendly, and scenic trail through and around H. Boyd Lee Park and includes running on grass, dirt trails, and concrete. All turns will be marked, and volunteers will be on the course to assist runners.

## Registration & Fees

Registration will be available at Jaycee Park (Monday–Friday, 8:00 AM–5:00 PM), H. Boyd Lee Park (Monday–Friday, 12:00 PM–7:00 PM), [www.greenvillenc.gov](http://www.greenvillenc.gov), or by mail. All entry forms must be received by April 23, 2014 to ensure your t-shirt size. Please do not mail in registration forms after April 23, 2014. Race day registration will begin at 7:00 AM at H. Boyd Lee Park, 5184 Corey Road, Greenville, NC 27858. Race will start at 8:00 AM. The race will start and finish at H. Boyd Lee Park.

**Advance Registration:** \$20  
**Race Day Registration:** \$25  
**Kids Dash Registration:** \$10

Awards will be presented to the top three men and women overall, as well as the top three men and women in the following age groups: 11 & under, 12–15, 16–19, 20–29, 30–39, 40–49, 50–59, 60 & Over. Prizes will be awarded to all participants in the Kids Dash.

## Rules

In the interest of safety, no bicycles, rollerskates, skateboards, scooters or pets will be allowed. We also discourage the use of personal music devices. Baby joggers are welcome to participate. All participants must register and wear their assigned number during the race. No refunds will be given.

Timing and results will be done by Run the East using the Ipico Sport chip timing system. Results will be posted online at [runtheeast.com](http://runtheeast.com).

## The Course

## Awards

## Scoring & Results

## 2014 Rec Run Registration

*To register, please print legibly, sign, and enclose a check for the proper amount and mail to: Greenville Recreation & Parks, C/O Athletics, PO Box 7207, Greenville, NC 27835.*

Name: \_\_\_\_\_

Birth date (MM/DD/YR): \_\_\_\_/\_\_\_\_/\_\_\_\_ Age Group: \_\_\_\_

Gender (circle): **M** **F**

Race: **5K** **Kids Dash**

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone: \_\_\_\_\_ Alternate: \_\_\_\_\_

Email: \_\_\_\_\_

T-Shirt Size: **YS** **YM** **YL**  
**AS** **AM** **AL** **XL** **2XL** **3XL**

Please check here if you wish to be contacted regarding ADA accommodations to participate in this program: ☐

### Please make check payable to: Greenville Recreation & Parks.

I, for myself, my executors, heirs, assignees, do hereby release and discharge Greenville Recreation and Parks (GRPD); Run the East, LLC; and all sponsors and volunteers, and each of their officers, directors, partners, employees and agents of any claims, damages, injuries, or liabilities arising out of my participation in this athletic event. If I should suffer any injury or illness, I authorize officials of the race to use their discretion to have me transported to a medical facility and I take full responsibility for this action and for all costs, medical or otherwise, associated with such action. I understand this lease is valid notwithstanding any negligence on the part of those persons or entities name on this release. I understand running can be a potentially hazardous condition, due to weather, and other variables. I attest that I am aware of these risks, and I am sufficiently trained and physically fit to participate in this event. I also give permission to use any pictures or video clips of me taken during this event.

Signature \_\_\_\_\_

Date \_\_\_\_\_